



Genoa Comets Spring Fest

Genoa High School
Friday, April 21, 2023

2950 N. Genoa-Clay Center Rd., Genoa, Ohio 43430
Phone: 419-855-7741

Meet scorer: Richard Morgan, phone: 419-601-1976
email: rmorgan55@gmail.com

Welcome to the 1st Genoa Comets Spring Fest. The meet will be held at Genoa High School on April 21, 2023.

Teams: There will be 12 teams: Archbold, Clay, Columbus Grove, Genoa, Liberty Center, Maumee, Otsego, Port Clinton, Scott, Waite, St. Francis, St. Ursula.

Entries: For all individual entries, you may enter 2 athletes. Entries will be done online at www.baumspage.com. The window is already open, and it will close **at 10:00 AM Thursday, April 20**. If you have any changes after the deadline, please email them to me if possible. We will accept changes Friday before the meet, but please try to keep them to a minimum. Lane assignments will be posted on baumspage sometime Thursday evening.

Sprints: *There will be no Semis in the sprints.* Instead, we will run them in heats, from slowest to fastest, similar to the 300 M Hurdles and the 400M Dash. So in the 100M Dash, 100/110M Hurdles, the 200 M Dash, the 300 M Hurdles and 400 M Dash, athletes will be placed into multiple heats, run from slower to faster, based on submitted times. However, anyone can score from any heat.

Relays: The 4 X 100 M Relay, the 4 X 200 M Relay, and the 4 X 400 M Relay will be seeded into slow and fast heats, based on submitted times. However, any team can score from either heat. The 4 X 800 M Relay will be run in one heat.

Extra Events: We will contest both the triple jump and the hammer throw for both boys and girls. You can enter up to two entrants, but only ONE can score. The winner will receive one point.

Facilities: We have an 8-lane all-weather track, with all-weather surfaces on the jumping surfaces as well. Please use $\frac{1}{8}$ or $\frac{1}{4}$ inch spikes. Tape is acceptable for marking the jumps, and tennis balls or the like should be used for relays. Please supply your own batons.

Concessions: We will have our concession stand open.

Scoring: We will score 8 places, 10-8-6-5-4-3-2-1 for most events. For the triple jump and hammer throw, the scoring will 1 point for the winner only.

Awards: There will be team trophies and individual medals for champion for each gender, as well as combined team champion. Individually, medals will be given for 1st through 3rd places, with ribbons for 4th through 8th place.

Meeting: There will be a short coaches' meeting at 4:15 in the garage. There will also be a hospitality room with snacks and drinks for all the coaches in the garage.

Info: For questions or information, please contact:
Matt Routson, 419-704-0497, mlroutson@genoaschools.com, Genoa AD
Richard Morgan, rmorgan55@gmail.com, 419-601-1976, meet manager

Good Luck,

Richard Morgan, Meet Manager

Schedule

Coaches' meeting

4:15 PM The meeting will be held in the garage by the pole vault. There will also be a hospitality room with snacks and drinks for all the coaches in the garage as well.

Field events

4:30 PM Girls Pole Vault
Boys High Jump
Girls Long Jump (3 attempts open pit, top 9 go to finals)
Girls Shot put (3 attempts, top 9 go to finals)
Boys Discus (3 attempts, top 9 go to finals)
Boys Triple Jump (4 attempts, no finals)
Girls Hammer Throw (4 attempts, no finals)

Remaining field events will be run upon completion of the others.

Use your own implements. We will weigh them in the garage near the pole vault area.

Running events

5:45 PM Girls 4 X 800 M Relay
Boys 4 X 800 M Relay
Girls 100 M Hurdles (2 to 3 heats)
Boys 110 M Hurdles (2 to 3 heats)
Girls 100 M Dash (2 to 3 heats)
Boys 100 M Dash (2 to 3 heats)
Girls 4 X 200 M Relay (1 or 2 heats)
Boys 4 X 200 M Relay (1 or 2 heats)
Girls 1600 M Run
Boys 1600 M Run
Girls 4 X 100 M Relay (1 or 2 heats)
Boys 4 X 100 M Relay (1 or 2 heats)
Girls 400 M Dash (2 to 3 heats)
Boys 400 M Dash (2 to 3 heats)
Girls 300 M Hurdles (2 to 3 heats)
Boys 300 M Hurdles (2 to 3 heats)
Girls 800 M Run (1 or 2 heats)
Boys 800 M Run (1 or 2 heats)
Girls 200 M Dash (2 to 3 heats)
Boys 200 M Dash (2 to 3 heats)
Girls 3200 M Run
Boys 3200 M Run
Girls 4 X 400 M Relay (1 or 2 heats)
Boys 4 X 400 M Relay (1 or 2 heats)

Please remember that all heat and lane assignments will be posted to baumspage some time Thursday evening. Please check this for starting heights and other information.